Acknow	vledge your feelings
Regrou	p – answer these questions
0	What do you like to do?
0	What do you NOT like to do?
0	What did you like about your previous jobs?
0	What did you NOT like about your previous jobs?
Self-As	sessment
0	Identify cross functional skills
0	Rank your skills
0	Ask for feedback from others
0	https://www.monster.com/career-advice/article/best-free-career-assessment-tools
0	<u>Myers-Briggs</u>
0	http://tests.marketpsych.com/test_question.php?id=13
0	http://www.funeducation.com/Tests/PersonalityTest/TakeTest.aspx
0	https://discprofile.com/
Financi	al Assessment – review the following
0	Monthly expenses including activities
0	Ways to reduce expenses
0	Immediate and semi-immediate availability of savings
0	401k/IRA and any penalties
0	Consult Your Financial Advisor/Accountant
Organi	zation/Tracking
0	Get a Calendar
0	Networking opportunities - https://www.landingexpert.com/landing-expert-list-search
	location/
0	Organization/industry meetings
0	Create a job submission tracker
0	Create a recruiter tracker
0	Create a list of training
0	Identify salary requirements
0	Identify travel requirements/limitations
Resum	e - include
0	Word cloud apps – use these apps to find keywords then build them into your cover
	letter, t-letter and resume
	https://tagcrowd.com/
	https://worditout.com/
	http://www.wordle.net/
0	Summary
0	EVERY job you've ever had
0	EVERYTHING you ever did
0	Certifications and/or licenses

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o Education

- Technical Skills
- Publications and/or presentations
- Volunteer groups
- o Format a version to share during an interview
- o Format a version to upload to Application Tracking System (ATS); simple little formatting
- https://www.canva.com/templates/resumes/infographic/ Infographic resume, visual representation of resume
- https://www.jobscan.co/ compare resume with job description, if you add more keywords from the job description to your resume then you'll have a better return
- Additional Documents these docs can capture information that can be reused and/or copied-pasted into different forms/apps
 - o Professional Objective this can be shared with friends, family and colleagues
 - o Cover letter template https://www.livecareer.com/quintessential
 - T-letter template
 - o A thank you letter template
 - Copy of relevant presentations/publications you've created/delivered; ensure it does not include any confidential/proprietary information
 - List of questions for the interviewers
 - Answers for standard interview questions
 - o Personal info, i.e.
 - Address
 - Phone number
 - Email address
 - LinkedIn account
 - Certification ID#
 - Previous company info
 - Address, phone
 - Previous/last manager's name
 - Previous salary
 - College info
 - Degrees
 - Mailing address
 - Transcripts
 - Salary
 - Ranges
 - Requirements
 - Health care
 - 401k
 - PTO
- Brand yourself
 - Google yourself
 - Google/alerts
 - Check for information about yourself on specific sites
 - NAME SITE:URL, i.e. Valerie S Williams site:Linkedin.com

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- Elevator speech steps to help you create your statement
 - List three of your values-guiding principles you live by that you want to demonstrate or satisfy in your career
 - What strengths, knowledge, skills and experience do you already have that are consistent with your values? List up to five of your key strengths.
 - Thinking about your values, strengths, and other attributes, use this information to draft your personal brand statement.
- Professional email
 - Avoid descriptions that will date you, nicknames, parental info (mom/dad), etc.
 - Use an updated mail server, i.e. gmail, yahoo, vs. AOL or Prodigy
 - If you switch internet providers make sure you download the names before hand
- Business cards
 - Consider using the back to add keywords and/or a line item for people to note when/where they met you
 - http://www.vistaprint.com
 - http://www.staples.com/
 - https://www.moo.com/us/
 - https://www.4over4.com/
- o Personal website
 - https://brandyourself.com/
 - https://about.me/
- Profile pictures
 - https://www.photofeeler.com/ upload multiple pictures and people will provide feedback on them
- Social Media Accounts
 - LinkedIn
 - Twitter
 - Instagram
 - Facebook
 - Meetup.com
 - YouTube
 - Pinterest
 - Google+
 - Flickr
 - SlideShare
- ☐ Create Sample Documents that can be shared to represent what you can do
 - Microsoft Project plan
 - Microsoft Power Point presentation
 - Microsoft Excel spreadsheet/chart
 - Marketing plan
- ☐ Job search sites
 - o NJ Book of lists can be found/accessed in the library, list of all of the businesses in NJ
 - Anthology.com (previously Poachable.com) https://anthology.co/
 - Dice https://www.dice.com/

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Indeed - https://www.indeed.com/ Meetup - https://www.meetup.com/ Monster - https://www.monster.com/ StartUpHire - https://www.startuphire.com/index.html The Ladders - https://www.theladders.com/ Twitter - https://twitter.com/ Moonlighting - https://www.moonlighting.com/ o Imperative - https://www.imperative.com/ Fiverr - https://www.fiverr.com/ ☐ Training – take any/all training even those you think you know, you can always pick up a tip; some of these require membership to use Library card Mercer County, https://www.mcl.org/ o eLibraryNJ.com o HooplaDigital.com NJ One Stop Career Center with Unemployment http://careerconnections.nj.gov/careerconnections/plan/support/njccsites/one stop c areer centers.shtml Ready to Work NJ (6 months or more unemployed may allow you to get funding for training with justification/reasoning), i.e. https://rtwnj.org/ YouTube.com - https://www.youtube.com/ Lynda.com - https://www.lynda.com/ Microsoft Support - https://support.microsoft.com/en-us Udemy.com - https://www.udemy.com/ Skillsoft.com - http://www.skillsoft.com/ Ted Talks - https://www.ted.com/talks TedMed.com - http://www.tedmed.com/ edX.org - https://www.edx.org/ o MOOC - https://www.mooc-list.com/ ☐ Videos Re-invent: https://www.youtube.com/watch?v=h1rHVRJitVo https://www.youtube.com/watch?v=gNiKVrvSHDg Amy Cuddy: Fake it 'til you make it: https://www.youtube.com/watch?v=RVmMeMcGc0Y o Matthieu Ricard: 5 Ways to be Happy with the Happiest Man on Earth: https://www.youtube.com/watch?v=Xu2Oz1kGrjl o Amy Cuddy: Power Pose https://www.ted.com/talks/amy cuddy your body language shapes who you are ☐ Prepare for an Interview Printed copies of resume and t-letter Learn about the company and interviewer http://resource.referenceusa.com/

	 http://www.njstatelib.org/services_for_libraries/statewide_services/jerseyclicks//
	 Questions you want to ask
	 What you do/do not want to do
	 Select several outfits, wear your favorite color or the color of the company you're
	interviewing with
	 Test drive the route
	 Skype / Zoom
	 YouTube: How to Look Good in Skype Interviews
	Stress Reducers
	o GroupOn
	o Music
	o Sports
	o Movies
	o Books
	Dancing
	o Exercise
	 Photography
	o Pets
Sugges	ted Books to read from other presenters:
	Exponential: James Hewitt
	Exponential Leadership: Doug Johnston
	Bird by Bird: Anne Lamott
	Steal Like and Artist: Austin Kleon
	The Checklist Manifesto: Atul Gawande
	The First 90 days: Michael D. Watkins
	Personality Poker: Stephen M. Shapiro
	The Power of Why: C. Richard Weylman
	Strength Finder 2.0: Tom Rath
	Delivering Knock Your Socks off Service: Performance Research and John Bush
	Twitter for the Job Search Guide: Susan Britton Whitcomb and Chandlee Bryan
	Networking for the Job Search and Career Success: Michelle Tullier
	Never Eat Alone: Keith Ferrazzi and Tahl Raz
	The Brand You 50: Tom Peters
	How to Set Your Fees and Get Them: Kate Kelly
	Your Ultimate Success Plan: Tamarra Jacobs
	The Art of the Flirty Cover Letter: Nick Fox
	The Influential Actuary: PCC David C. Miller MS
	Emotional Intelligence: Daniel Goleman
	Second Acts: Stephen M Pollan and Mark Levine

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□ The Woman's Guide to Second Adulthood: Suzanne Braun Levine□ Exponential Organizations: Salim Ismail and Michael S. Malone

The Trick to Money is Having Some: Stuart Wilde
The Big Leap: Hendricks Gay, PhD
Transitions: Make Sense of Life's Changes: William Bridges
LinkedIn Makeover: Donna Serdula
LinkedIn Marketing, An Hour a Day: Viveka von Rosen
LinkedIn for Business: Ted Prodromou and James Malinchak
Bold: Peter H. Diamandis and Steven Kotler
Living in More Than One World: How Peter Drucker's Wisdom Can Inspire and Transform Your
Life: Bruce Rosenstein
Rich Dad, Poor Dad: Robert T. Kiyosaki
The Automatic Millionaire: David Back
Arthurs weren't provided for these books and there were too many returned during my search
What you resist persists: ???
Life reimagined: ???
Give and take: ???
The brand called you: ???
o Critical Thinking: ???
o Do what you are: ???